

## NOCTURNAL INCONTINENCE (URINE DRIBBLING) IN CHILDREN TREATED BY ALOE EXTRACT

By A. Fmoin, Novosibirsk, Russia

Children suffering from nocturnal incontinence tend to urinate uncontrollably in their sleep (enuresis nocturna), and very rarely during the day (enuresis diurna.) Nocturnal incontinence involves children from 5 to 10 years of age. Boys are affected twice as much as girls. The frequency of enuresis is increased in autumn and winter. The disease lasts for years, sometimes until puberty....

Many ways have been suggested for treating children suffering from this disease: physical exercises, water treatment, special sleep regime, physical exertion, diet, limited intake of liquids....

Aloe extract is used in daily subcutaneous doses according to age, giving 25-30 injections in a course of treatment with fair results. Nocturnal incontinence of urine disappears in most of the patients after 7-10 injections or becomes less frequent by the end of the course of treatment. And urination becomes normal in almost all patients.

Children suffering from nocturnal incontinence of urine as a rule manifest low nutrition, pallor of the skin, greater irritability of the nervous system, poor appetite, anemia and low spirits. All these defects are successfully removed by a course of aloe treatment. The child becomes active, and cheerful. Excitability in the course of treatment becomes reduced, while the irritation threshold of the bladder wall and spinal innervation, in all probability, increases. A normal reflex of bladder evacuation sets in and the patient is completely relieved of his illness.

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