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**ALOE VERA**  
**INFORMATION SERVICES**

# ALOE VERA

## Aloe in Alternative Medicine Practice

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Aloe Vera can easily be incorporated into practice in Clinics of Nutritional Medicine, Naturopathy, Herbalism, Iridology, Kinesiology, Vega Testing and Mora Therapy, Colonics, Aromatherapy and Reflexology. It can be similarly used by Practitioners of Dowsing and Radionics. Within more orthodox practice, it can be used in conjunction with Physiotherapy.

This newsletter examines the rationale that lies behind the use of Aloe in these contexts. It looks at what is involved in incorporating Aloe into practice, gives guidance on the types of product that are needed and recommends a range of possible doses.



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## **The Practitioner's Thinking which lies behind Treatment with Aloe**

Practitioners who have assimilated the contents of Aloe vera Information Service NewsLetters 1-4 will by this time have abundant reasons for regarding Aloe with a great deal of respect as a powerful herbal remedy with multifaceted potency within the widest field of "healing". At the same time many readers may have been quite properly impressed with Aloe's powers in specific healing directions, such as those applying to those named medical conditions which have been subjected to trials with Aloe for potential therapeutic application. For yet other people, who perhaps suffer from no illness or significant symptoms, the attraction of Aloe may well be its potential for maintaining good health by a general "toning up" effect, which is inherent in Aloe's fundamental actions, especially those having to do with maintaining or improving the condition of the immune system and increasing the oxygen consumption, and therefore the activity levels, within the tissues. These, effects, most emphatically, appear to offer a very positive route to the avoidance of the partially de-oxygenated, low-activity and toxic condition which is recognised, naturopathically and vitalistically, as constituting the state of "chronicity". Furthermore, whilst this state of "chronicity" is the major predisposing factor towards chronic illness, it does not yet form part of the philosophy and outlook of mainstream medicine. Notwithstanding this, the concept is nonetheless wholly compatible with the principles of modern medical biochemistry.

It will be clear why Aloe gets dubbed with emotive terms such as "The Silent Healer" and even "Panacea". This happens, even among quite well informed users of Aloe, not just people who are easily influenced by hype and imagination. It does so because the nature of the fundamental actions of Aloe are to improve the status of some vitally important systems of the body which affect many functions. In this way it improves, generally, the biochemical status, activity levels and metabolic and functional competence of cells. Obviously, any such influence will be a most positive factor in keeping the individual safer than they would otherwise be, from developing chronic diseases in general. The painstaking process, which no doubt will have to be gone through, of thoroughly testing Aloe in clinical trials against every known chronic disease, is, to a certain extent superfluous within the philosophy of anyone who truly understands the fundamental modes of action of this remarkable herb.

